#### **KEISER STRENGTH**

# **A300 BELT SQUAT**

**Model 1550** 

**LOWER BODY MACHINES** 



### with up to 800 pounds of resistance without additional stress on your shoulders and spinal column. The A300 Belt Squat is especially beneficial for taller people because it eliminates column loading of the spine. Pivoting handles accommodate exercisers from 4'8" to 7' tall. The wide

**EXPLOSIVE IMPROVEMENT** 

Build explosive hip and leg strength

#### **KEISER DYNAMIC VARIABLE** RESISTANCE

multiple training possibilities.

base and optional deadlift bar allow for

Keiser's Dynamic Variable Resistance is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

#### **FEATURES**

- Perform different squat movements with the accessories kit
- No shoulder or spine loading
- Up to 800 lbs / 363 kg of resistance at the push of a button
- New wider base offering diverse programming opportunities and training at optimal speed
- · Pivoting handles to accommodate users of all heights (including 7 ft / 2.1 m)
- · Large digital displays with resistance and counted repetitions
- Smooth Keiser **Dynamic** Variable Resistance

## **SPECIFICATIONS**

**HEIGHT:** 68" / 1727 mm WIDTH: 48" / 1219 mm **DEPTH:** 61" / 1549 mm **WEIGHT:** 585 lbs / 266 kg

**RESISTANCE:** 

0 - 800 lbs / 0 - 363 kg





