KEISER STRENGTH

A300 CHEST **PRESS PRO**

Model 1338





KEISER® ENGINEERING HUMAN PERFORMANCE

POWER BOOSTER

The ultimate in Chest Power is our Chest Press Pro. A 600-pound Chest Press to challenge the strongest among us, at speeds that challenge the fastest. Power (Watts) = Force x Velocity. Simply put, Power is Strength times Speed. You can't produce Power if you are strong and slow or fast and weak. The only way you produce real Power is to be strong and fast. At Keiser, we focus on building strength at game speed.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's Dynamic Variable Resistance is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

FEATURES

- Enhanced resistance up to 600 pounds
- Smooth Keiser **Dynamic** Variable Resistance
- Durable construction engineered for years of use
- · Large digital display with resistance and counted repetitions

SPECIFICATIONS

HEIGHT: 76" / 1931 mm WIDTH: 43" / 1092 mm **DEPTH:** 51" / 1295 mm **WEIGHT:** 198 lbs / 90 kg

RESISTANCE:

0 - 596 lbs / 0 - 270 kg