KEISER STRENGTH

A400 BIAXIAL **CHEST PRESS**

Model 1335

UPPER BODY MACHINES







TWO CHEST MOVEMENTS IN **ONE MACHINE**

To maximize your range of motion, we start you with a wide grip when your hands are even with your chest. As you move through the range of motion, your hands converge to complete the work on your chest and arms. The independent movement of the exercise arms prevents your stronger side from helping your weaker side, maximizing results.

Unlike conventional machines that use iron, the A400 Biaxial Chest Press' low-inertia design gives you a smooth resistance. It's perfect for people at any fitness level.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's Dynamic Variable Resistance is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

FEATURES

- Unique axis of rotation allows greater range of motion in natural planes of movement
- Smooth Keiser Dynamic Variable Resistance
- · Fully adjustable to accommodate a wide range of users
- Durable construction engineered for years of use
- · Large digital display with resistance and counted repetitions

SPECIFICATIONS

HEIGHT: 78" / 1981 mm **WIDTH:** 40" / 1016 mm **DEPTH:** 61" / 1549 mm **WEIGHT:** 206 lbs / 93 kg

RESISTANCE:

0 - 312 lbs / 0 - 142 kg