KEISER STRENGTH

A400 CHEST PRESS PRO

Model 1338



BUILD IT STRONG, BUILD IT FAST

For those interested in powerful resistance, look no further. This machine uses Keiser's innovative engineering to give up to 600 pounds of resistance. It's great for elite-level athletes and for eccentric overloading. Unlike conventional machines that use iron, the A400 Chest Press Pro's low-inertia design gives you a smooth resistance. This can help protect joints and connective tissue from shock loading. The result is a workout unlike anything else on the market.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

FEATURES

- Enhanced resistance up to 600 pounds
- Smooth Keiser Dynamic
 Variable Resistance
- Durable construction engineered for years of use
- Large digital display with resistance and counted repetitions

SPECIFICATIONS

HEIGHT: 76" / 1931 mm **WIDTH:** 45" / 1143 mm **DEPTH:** 56" / 1422 mm **WEIGHT:** 210 lbs / 95 kg

RESISTANCE:

0 - 546 lbs / 0 - 248 kg





