### **KEISER STRENGTH**

# A400 LEG EXTENSION

**Model 1122** 

**LOWER BODY MACHINES** 





#### **NEXT LEVEL QUADS**

The quadriceps play a crucial role in stability and mobility, making targeted strengthening essential. The A400 Leg Extension is designed for optimal comfort with an adjustable seat that maintains its tilt while moving forward and back. Its smooth, pneumatic resistance minimizes shock loading, reducing strain on the joints. Additionally, seamless software integration allows real-time data collection, syncing effortlessly with the Keiser Metric App.

## KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

### **FEATURES**

- Cost-effective way to provide strength training options
- Virtually zero shock to muscles, connective tissues, and joints
- Smooth Keiser Dynamic Variable Resistance
- Fully adjustable to accommodate a wide range of users
- Bilateral movement for body symmetry training
- Large digital displays with resistance and counted repetitions
- Durable construction engineered for years of use
- · Thick base for added stability

### **SPECIFICATIONS**

**HEIGHT:** 45" / 1143 mm **WIDTH:** 46" / 1168 mm **LENGTH** 46" / 1168 mm **WEIGHT:** 117 lbs / 53 kg

**RESISTANCE:** 

0 - 312 lbs / 0 - 142 kg

