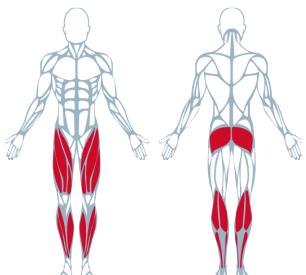


KEISER STRENGTH

A400 LEG PRESS

Model 2531

LOWER BODY MACHINES



KEISER[®] ENGINEERING
HUMAN PERFORMANCE™

EVALUATION ON EVERY REP

The A400 Leg Press is designed to optimize lower body strength training with smooth, pneumatic resistance. The higher foot plate increases hip flexion while decreasing knee flexion, which maximizes glute activation at the start of the movement. By reducing knee flexion, it helps minimize shearing forces, preserving the health of your knees. The separate foot plates allow you to train each leg independently, mimicking natural movement patterns and promoting balanced strength. Perfect for users of all fitness levels, the A400 Leg Press provides a safe, effective workout while tracking real-time performance metrics with Keiser's advanced technology.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.



Visit keiser.com for more information.

FEATURES

- Offers unilateral movement – each limb can be trained symmetrically
- Increased resistance range for more intense functional workouts
- Smooth Keiser **Dynamic Variable Resistance**
- Fully adjustable to accommodate a wide range of users
- Bilateral movement for body symmetry training
- Large digital displays with resistance and counted repetitions

SPECIFICATIONS

HEIGHT: 48" / 1219 mm

WIDTH: 36" / 914 mm

DEPTH: 69" / 1753 mm

WEIGHT: 336 lbs / 152 kg

RESISTANCE:

0 - 924 lbs / 0 - 419 kg

CONTACT A SALES REP TODAY

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