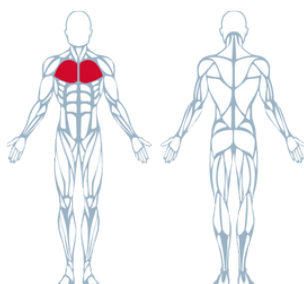


KEISER STRENGTH

A400 SEATED BUTTERFLY

Model 2235

UPPER BODY MACHINES



KEISER® ENGINEERING
HUMAN PERFORMANCE™

FLY AWAY WITH US

The chest is one of the largest muscle groups in the body, making it essential to train from multiple angles for balanced development. The A400 Seated Butterfly provides targeted chest activation, making it a perfect complement to Keiser's chest press machines. Its smooth, pneumatic resistance ensures controlled movement throughout the entire range of motion, reducing joint strain while maximizing muscle engagement. With Keiser's advanced A400 technology, this machine tracks real-time performance metrics and seamlessly syncs with the Keiser Metrics App for precise, data-driven training optimization. Ideal for users of all fitness levels, the A400 Seated Butterfly enhances upper-body strength with unparalleled efficiency.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.



Visit [keiser.com](https://www.keiser.com) for more information.

FEATURES

- Unique axis of rotation allows greater range of motion in natural planes of movement
- Smooth Keiser **Dynamic Variable Resistance**
- Fully adjustable to accommodate a wide range of users
- Durable construction engineered for years of use
- Large digital display with resistance and counted repetitions

SPECIFICATIONS

HEIGHT: 72" / 1829 mm

WIDTH: 52" / 1321 mm

DEPTH: 63" / 1600 mm

WEIGHT: 223 lbs / 106 kg

RESISTANCE:

0 - 306 lbs / 0 - 139 kg

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