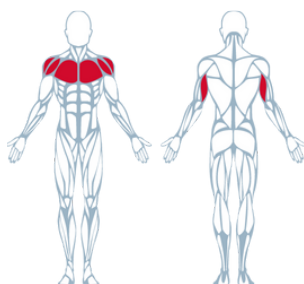


KEISER STRENGTH

A400 TRICEPS

Model 1932

UPPER BODY MACHINES



KEISER® ENGINEERING
HUMAN PERFORMANCE™

PRECISION FOR YOUR TRICEPS

Target your triceps with the A400 Unilateral Triceps machine, designed to provide a smooth, low-inertia resistance that mimics the natural dip motion for real-world benefits. Unlike conventional machines that rely on iron weights, the A400's smooth resistance helps protect joints and connective tissue from shock loading, reducing the risk of strain and injury. Its unilateral design promotes balanced strength development by preventing the stronger side from compensating for the weaker side. Suitable for all fitness levels, the A400 Triceps machine delivers a workout unlike anything else on the market, offering a unique and effective training experience.

KEISER DYNAMIC VARIABLE RESISTANCE

Keiser's **Dynamic Variable Resistance** is designed to provide a smooth consistent Variable Resistance force curve at any training speed. Each machine has its own unique Variable Resistance curve designed and tuned perfectly for the muscles being used in that particular exercise. For users, this means that working out any speed, you'll always be training at maximum efficiency.

▶ Visit [keiser.com](https://www.keiser.com) for more information.

FEATURES

- Cost-effective way to provide strength training options
- Virtually zero shock to muscles, connective tissues, and joints
- Smooth Keiser **Dynamic Variable Resistance**
- Fully adjustable to accommodate a wide range of users
- Large digital displays with resistance and counted repetitions
- Durable construction engineered for years of use
- Thick base for added stability

SPECIFICATIONS

HEIGHT: 62" / 1575 mm

WIDTH: 28" / 711 mm

DEPTH: 61" / 1549 mm

WEIGHT: 169 lbs / 77 kg

RESISTANCE:

0 - 624 lbs / 0 - 283 kg

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