

KEISER CARDIO

M3i STUDIO PLUS INDOOR BIKE

Model 5509



THE ULTIMATE RIDE

The M3i Studio Plus indoor bike represents the next generation of Keiser's legacy of indoor cycling innovation. At the heart of the experience is the larger, more advanced Studio Display, offering enhanced visibility and functionality to elevate every ride. The bike connects to apps and devices via Bluetooth® and ANT+™, including CSCS, CPS, and FTMS protocols. This allows riders to send workout data simultaneously to a smartphone or tablet, as well as a class projection system, keeping them connected to their performance at all times. The Studio bike features Ride by Color™, bringing training to life with immediate visual feedback that helps drive intent and improve workout performance. This intuitive, color-coded system makes it easy to monitor FTP and heart rate zones in real time, creating a more engaging and motivating training experience. To support a wide range of goals and users, the M3i Studio lets riders track intensity in four distinct ways: Speed, FTP Zones — 5, 6, or 7, HR Zones, and METs.

KEISER M SERIES BIKE PEDAL

With our game-changing bike pedal, Keiser has again revolutionized indoor cycling down to the last detail. New pedal features include:

- Stronger bearings tested for static and dynamic loads
- Cage integrated into pedal design, not just added on
- Ramped barbs for secure and simple foot placement

FEATURES

- Ride by Color™ display with real-time visual feedback
- Track intensity through Speed, 5, 6, or 7 FTP Zones, HR Zones, and METs
- Connects to apps and devices via ANT+™ and Bluetooth®, including CSCS, CPS, and FTMS
- Magnetic resistance for a smooth and quiet workout
- 72 gears to find the perfect resistance level
- The Studio Display features an 86% larger screen area than the Keiser M Connect Display
- Rear-wheel design for protection from sweat and corrosion
- Transport wheels for ease of transport
- Self-tensioning, zero maintenance Poly-V Belt Drive for low maintenance and reliability
- Robust adjustment knobs that require less maintenance than cam-locks
- Four-way adjustable seat
- Four-way adjustable handlebars
- Stretch pads, water bottle holder

SPECIFICATIONS

HEIGHT: 49" / 1245 mm
WIDTH: 26" / 660 mm
LENGTH 51" / 1295 mm
WEIGHT: 92 lbs / 42 kg