

**KEISER CARDIO**

# M3i LITE INDOOR BIKE

Model 5503



## THE ADVANCING STANDARD

The popularity of our Integrated Technology, introduced in our M3i Bike, drove us to offer it on one of our lower models. The M3i lite features everything you get in our M3 Bike, plus all the benefits of our Integrated Technology. Keiser's M3i lite and M3i Bikes are the only group cycling bikes on the market that can transmit to multiple Bluetooth® devices at once.

## KEISER M SERIES BIKE PEDAL

With our game-changing bike pedal, Keiser has again revolutionized indoor cycling down to the last detail. New pedal features include:

- Stronger bearings tested for static and dynamic loads
- Cage integrated into pedal design, not just added on
- Ramped barbs for secure and simple foot placement
- Curvature eliminating pressure points on the rider's foot

## FEATURES

- V-shaped frame to accommodate riders of all body shapes and sizes
- Magnetic resistance for a smooth and quiet workout
- Infinite incremental resistance changes
- Rear-wheel design for protection from sweat and corrosion
- Transport wheels for ease of transport
- Revolutionary re-designed Keiser Bike Pedal
- Self-tensioning, zero maintenance Poly-V Belt Drive for low maintenance and reliability
- Intuitive, simple-to-read console displaying Cadence, Power, Kcals, Heart Rate, Ride Time, Odometer, Trip Distance, and Gear—all on one screen
- Keiser Integrated Technology using Bluetooth connectivity to record and track progress using our M Series apps
- Robust adjustment knobs that require less maintenance than cam-locks
- Four-way adjustable seat
- Two-way adjustable handlebars
- Stretch pads, water bottle holder
- Keiser Education and Certifications available

## SPECIFICATIONS

**HEIGHT:** 44" / 1118 mm  
**WIDTH:** 26" / 661 mm  
**LENGTH** 51" / 1296 mm  
**WEIGHT:** 87 lbs / 40 kg

**KEISER**® ENGINEERING  
HUMAN PERFORMANCE™



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